

# Four County Area

*United Way 2-1-1 is a free and confidential number that individuals and families can call or text to find local community resources, programs and services based on their needs*



## **FOOD ASSISTANCE**

**Food Bank**, executes state and federal programs at a regional level including a food bank, homelessness program, etc;  
Carbon County....435-637-5444  
Emery County....435-381-5410  
Grand County....435-259-6456

**Bluff Community Center Food Pantry**, monthly food pantry for those in need; 801-718-8007

## **HOUSING ASSISTANCE**

**Housing Authority**, promotes and provides safe and affordable housing, free from discrimination, with self-sufficiency opportunities for persons of low to medium income;  
Carbon County....435-637-5170  
Emery County.....435-381-84513  
Grand County.....435-259-5891  
San Juan County... .435-259-5891

**Habitat for Humanity of Castle County**, partners with local low-income families to help them build or renovate and then buy their own homes within Carbon and Emery counties; 435-637-9701

**USDA Rural Development**, offers more than 40 programs to provide grants, loans, and loan guarantees to support

economic development and essential community services for rural areas;435587-2473

## **HEALTH ASSISTANCE**

**Carbon Medical Services Association**, provides accessible quality medical, dental, behavioral health, free COVID-19 testing, and pharmacy services to those facing financial, geographic and/or cultural barriers to health care for all citizens of the community and surrounding areas; 435-888-4411

**Southeast Utah District Health Department**, provides services that promote the achievement and maintenance of optimal health for all people living in Southeastern Utah; 435381-2252

## **UTILITY ASSISTANCE**

**Southeastern Utah Association of Local Governments**, provides year-round energy assistance and energy related crisis assistance for eligible low-income households throughout Utah; 435-613-0025

**H.E.A.T Program**, provides year-round energy assistance and energy related crisis assistance for eligible low-income households; 435-613-0100



2-1-1 Utah 211Utah.org

Access 2-1-1 Utah on Instagram, online, and apps available for download

## **RENTAL ASSISTANCE**

**Southeastern Utah Association of Local Governments**, provides year-round energy assistance and energy related crisis assistance for eligible low-income households throughout Utah; 435-613-0025

## **EMPLOYEMENT**

**Department of Workforce Services**, provides employment and support services to help customers improve their economic opportunities, including services for veterans; 435-636-2300

## **LEGAL ASSISTANCE**

**Utah Legal Services**, provides statewide representation to low-income individuals in domestic, civil and public issues; 1800-662-4245.

## **GENERAL COUNSELING**

**Four Corners Community Behavioral Health**, promotes the emotional wellbeing and growth of individuals who experience life-disrupting problems due to mental illness or chemical use; 435-637-2358

## **SENIOR CARE**

**Southeastern Utah Area Agency on Aging**, provides information and services on a range of assistance for older adults and those who care for them; 435-613-0027

## **CRISIS/SAFETY**

**Colleen Quigley Women's Center**, Provides a safe, healthy environment for victims of domestic violence and their children; 435-637-6589

**Division of Child and Family Services**, Works to keep children safe and strengthens families through prevention, child protective services, inhome services, and out-of-home care; 435-636-2360