

Resources for Children and Youth

United Way 2-1-1 is a free and confidential number that individuals and families can call to find local community resources, programs and services based on their needs.



ABUSE/NEGLECT

Children's Justice Center provides support services in a homelike facility for children who have experienced physical or sexual abuse; 801-851-8554.

Child Abuse and Neglect Reporting Line serves to protect children from abuse and neglect; 855-323-3237.

Family Support and Treatment Center provides therapy and prevention programs for children who have been affected by child abuse or neglect; 801-229-1181.

COMMUNITY INVOLVEMENT/ ACTIVITIES

Boys and Girls Club offers sports and fitness, summer and after school programs for children ages 6-18; 801-371-6247.

Girl Scouts of Utah offers educational and social activities to help girls develop leadership and citizenship skills; 801-265-8472.

Utah County 4-H consists of after school homework help, group activities and more throughout the school year. Also offers camps and activities during summer; 801-851-8470.

CRISIS/SUPPORT

Utah County Crisis line offers a confidential service for anyone experiencing a crisis; 801-691-5433.

Crisis Text Line offers free, confidential crisis support for all ages. Text START to 741-741

Hope 4 Utah provides suicide prevention, intervention, and post-vention for youth, leaders and community members; 801-342-3444.

Vantage Point Youth Services offers services to divert run-away/unmanageable youth ages 11-17 experiencing trouble at home or homelessness; 801-373-2215.

EDUCATION/ PARENT SUPPORT

Care About Child Care provides information and referrals to families and providers about daycares and early education programs in the area; 801-863-8589.

Help Me Grow is a free information line that provides parents with the knowledge and resources for children through age 8; 801-691-5322 or call 2-1-1.

Kids on the Move provides services to low-income children with special needs and to assist families. Includes Early Intervention and Early Head Start; 801-221-9930.

Mountainland Head Start promotes school readiness for low-income children 3-5 years old. Qualified families can bring their children free of charge; 801-375-7981.

Utah Parent Center empowers parents to help their children with disabilities live productive lives and feel included in their community; 801-272-1051.

School Districts offer education services and early intervention programs for children; call 2-1-1 to learn more about programs in your area.



2-1-1 Utah



211utah.org

Access 2-1-1 Utah on Instagram, online, and apps available for download.

HEALTH SERVICES

Community Health Connect provides access to medical and dental care for low-income and uninsured. Referrals are made to local providers for specialized medical needs; 801-818-3015.

Kids Cause provides eye screenings, glasses, shoes, clothing, winter coats or medical needs. Must have referral from child's school counselor, principal or teacher; 801-885-4956.

Mountainlands Family Health Center provides well-baby checks, immunizations, dental services, pre-natal care, vision/hearing screenings, health counseling and more; 801-429-2000.

Volunteer Care Clinic provides free basic medical care to low-income individuals and families without health insurance. No chronic care is available. Open Tuesday and Thursday evenings 5 pm-7 pm; 801-812-8094.

PREGNANCY

Pregnancy Resource Center of Salt Lake City provides information regarding options, counseling, and physical and emotional support to individuals facing unplanned pregnancies; 800-712-4357.

Baby Safe Haven Alliance provides a place where babies can be dropped off permanently without any repercussions; 1-888-510-2229 or text SAFEHAVEN to 313131.

Baby Your Baby provides temporary Medicaid insurance coverage for low-income pregnant women who have no insurance, or inadequate prenatal insurance; 801-851-7031.

Welcome Baby provides information, referrals and support for first-time parents. Services include home visits, playgroups; 801-691-5440.

SUBSTANCE ABUSE

Utah Tobacco Prevention and Control Program provides counseling, nicotine replacement therapy for those eligible; 1-800-QUIT-NOW.

Utah County Health Department offers youth treatment services, which includes assessments, early intervention, and substance abuse outpatient treatment programs for youth; 801-851-7000.

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For more information and assistance, call 2-1-1 or text your zip code to 898211.