Emergency 24 Hours

Life Threatening 911
Crisis/Suicide Prevention (UNI) 801-587-3000
National Suicide Prevention Lifeline 800-273-TALK (8255)
Poison Control 800-222-1222
Utah Human Trafficking Tip Line (Utah Attorney General Strike Force) 801-200-3443

Adult & Child Abuse/Neglect

Adult Protective Services (APS Reporting)
Toll-free Hotline 800-371-7897
Child Abuse/Neglect Hotline (Reporting) 855-323-3237
Children's Justice Center (Salt Lake) 385-468-4560
West Jordan 385-468-4580
Family Support Center (Crisis Nursery) Midvale 801-255-6881
Sugarhouse 801-487-7778
West Valley 801-967-4259
Guardian Ad Litem/Court Appointed Special Advocate (CAS) 801-578-3962

Health Care/Hospitals/Clinics/Dental
See Salt Lake/Summit Area Health and Dental Resource Lists

Homeless Services
See Homeless Resource List

Household Items/Furniture/Clothing
Catholic Community Services 801-363-7710
Crossroads Urban Center 801-364-7765
Deseret Industries (DI) (Welfare Square) 801-240-7202
(Referral from LDS Bishop needed for items at no cost)
Rescue Mission (men's clothing) 801-355-1302
Rescue Mission Women's Center (women's & children's clothing) 801-521-5925

Housing/Utilities
Assist (emergency home repairs/accessibility) 801-355-7085
Community Development Corporation of Utah (home purchase) 801-994-7222
Department of Workforce Services (DWS) 801-530-0950
Dominion Energy (Customer Service) 800-323-5517
Gas Leaks 800-767-1689
Blue Stakes 811 or 800-662-4111
Habitat for Humanity, Salt Lake Valley 801-263-0136
HEAT (Home Energy Assistance Target) (Nov. - April) 801-359-2444
Housing Authorities
Salt Lake City (rental subsidies) 801-487-2161
Housing Connect (Salt Lake County - rental subsidies) 801-284-4400
West Valley City (rental subsidies, home purchase, emergency home repairs) 801-963-3320
Lifeline Program (former Utah Telephone Assistance Program) 800-234-9473
NeighborWorks Salt Lake (home purchase/rehab) 801-539-1590
Rocky Mountain Power 888-221-7070
Outages 877-508-5088
Utah Unity Action (Weatherization) 801-359-2444
Utah Housing Corporation (home purchase) 801-902-8200

Legal Information/Consultation
Disability Law Center 800-662-9080
Division of Consumer Protection 801-530-6601
Legal Aid Society of Salt Lake, Inc. (Family Law Clinic) 801-328-8849
Utah Legal Services 801-328-8891
Utah State Bar 801-531-9077
Tuesday Night Bar (Call M 1 - pm for appointment) 888-297-7037
Utah State Courts’ Self Help Center
Free legal clinic listings utcourts.gov/howto/legalclinics

Libraries
Salt Lake City
Anderson-Foothill 801-594-8611
Chapman 801-594-8623
Day-Riverside 801-594-8632
Glendale 801-594-8660
Main Library 801-524-8200
Marmalade 801-594-8680
Sprague 801-594-8684
Sweet 801-594-8651

Salt Lake County (customer service, holds, renewals, etc.) 801-943-4636

Locations:

- Bingham Creek (West Jordan) Millcreek
- Calvin S. Smith (Salt Lake) Riverton
- Columbus (South Salt Lake) Ruth Vine Tyler (Midvale)
- Draper Sandy
- Herriman South Jordan
- Holladay Taylorsville
- Hunter (West Valley) West Jordan
- Kearns West Valley
- Magna Whitmore (Salt Lake)

Financial Counseling
American Credit Foundation 801-208-1000
Community Development Corporation of Utah 801-994-7222
Fair Credit Foundation 801-483-0999
Upsolve (bankruptcy info) upsolve.org
Utah Legal Services (bankruptcy info) 800-662-4245
Utah State University Extension Services - Salt Lake County 385-468-4820

Food Assistance Programs
Food Pantries/Soup Kitchens (see Food Resource List or dial 2-1-1)

Department of Workforce Services (DWS) (SNAP) 866-435-7414
Salt Lake County Aging and Adult Services 385-468-3200
Utah Co-op 801-556-2223
Utah Food Bank 211
Mobile Food Pantries (Summer Food Service Program/Referral/Advocacy) 801-328-2561
Women, Infants & Children (WIC), Utah Department of Health 877-942-5437

Child/Youth/Family Services
See Single Parent Resource List

Domestic Violence
Crime Victim Support
Draper City 801-576-6355
Murray City 801-294-4201
Salt Lake City 801-580-7969
Sandy City 801-568-7283
Crisis Line 801-568-6099
South Jordan City 801-840-4000
South Salt Lake 801-412-3660
Unified Police Department 801-743-7000
Utah Attorney General’s Office 801-281-1206
Utah State Dept of Corrections, Victim Services Unit 801-545-9658
Utah State Office for Victims of Crime 800-621-7444
West Jordan City 801-566-6511
West Valley City 801-963-3223
After Hours Crisis Line 801-231-8185
Domestic Violence Information Line 800-897-LINK (5465)
Legal Aid Society of Salt Lake 801-328-8849
Sego Lily Center for the Abused Deaf (video call) 855-312-1001
South Valley Services 801-255-1095
VINE (Victim Information & Notification Everyday) 877-884-8463
YWCA 801-537-8600

Employment/Job Training
Department of Workforce Services (DWS) 866-435-7414
Deseret Industries (DI) (Welfare Square) 801-240-7202
Utah State Division of Rehabilitation Services (Salt Lake) 801-238-4560
Indian Training and Education Center 801-973-6484
Job Corps 800-733-5627
Labor Commission 801-530-6800
Anti-discrimination 801-530-6801
LDS Employment Services (Salt Lake) 801-240-7240
People Helping People 801-583-5300

General Resource List

- See single parent resource list
- Domestic violence services for Crime Victim Support, including locations for various cities and counties.
- Employment/Job Training information for various organizations and contact numbers.
- Financial counseling services listed.
- Food assistance programs with contact numbers and locations.
- Libaries with locations and contact numbers.
- Legal information consultations, including disability law and legal aidsocieties.
- Health care hospitals and clinics with contact numbers.
- Homeless services with contact numbers.
- Household items, furniture, and clothing resources.
- Housing utilities services with contact numbers.
- Education and child support programs such as CAC.
- Libraries with various branches and contact numbers.
- Financial counseling services with contact numbers.
- Food assistance programs with contact numbers and locations.

These resources are comprehensive and reflect a wide range of essential services, from emergency 24 hours to legal aid and financial counseling, to employment training and food assistance. This list is designed to provide quick access to critical support services.
**Mental Health/Counseling**
- The Children’s Center (6 years old and younger) 801-582-5534
- Christian Counseling Center 801-268-1564
- Family Counseling Center 801-261-3500
- Family Support Center (parents and children) 801-955-9110
- Holy Cross Ministry 801-261-3440
- Jewish Family Services 801-746-4334
- Jordan Family Education Center (parenting) 801-565-7442
- LDS Family Services 801-487-0499
- NAMI UTAH (National Alliance on Mental Illness) (Helpline) 801-323-9900
- Salt Lake County Youth Services (Ages 8-18) 385-468-4500
- Utah Youth Village 801-272-9980
- Valley Behavioral Health (intake) 888-989-4864

**Other Services**
- Better Business Bureau 801-892-6009
- Plasma Centers
  - Biomat Plasma Services 801-363-7697
  - CSL Plasma Services 801-485-5085
- Pregnancy Testing
  - See Single Parent Resource List, or dial 211
- Senior Corps of Retired Executives (SCORE) 801-957-5453
- U.S. Small Business Development Center 801-524-3209
- Utah Transit Authority 801-RIDE-UTA (743-3882)

**People with Disabilities**
- Columbus Community Center 801-262-1552
- Division of Services for People with Disabilities (DSPD) 844-275-3773
- Neighborhood House Association
  - Adult Day Centers 801-363-4589
  - Relay Utah 711 or 801-715-3470
- RISE Services 801-208-1031
- St. Joseph Villa 801-487-7557
- Turn Community Services 801-359-8876
- Utah Independent Living Center 801-466-5565
- Utah Parent Center and Autism Information Resources 801-272-1051
- Utah State Division of Rehabilitation Services (Salt Lake) 801-238-4560
- Work Activity Center 801-977-9779

**Pregnancy**
- Baby Your Baby Hotline 800-826-9662
- The Children’s Service Society of Utah (adoption) 801-355-7444
- Planned Parenthood Association of Utah (Administration) 801-532-1586
- Salt Lake City Health Center 801-322-5571
- South Jordan Health Clinic 801-254-2052
- West Valley City Health Center 801-973-9675
- Pregnancy Resource Center of Salt Lake City 801-363-5433
- MotherToBaby (Pregnancy Riskline) 801-328-2229
- Teen Mother and Child Program 801-587-2525

**Rape/Sexual Assault**
- Crime Victim Support
  - Draper City 801-576-6355
  - Murray City 801-284-4201
  - Salt Lake City 801-580-7969
  - Sandy City 801-568-4627
  - Crisis Line 801-568-6099
  - South Jordan City 801-840-4000
  - South Salt Lake 801-412-3660
  - Unified Police Department 801-743-7000
  - Utah Attorney General’s Office 801-281-1206
  - Utah State Dept of Corrections, Victim Services Unit 801-545-5658
  - Utah State Office for Victims of Crime 800-621-7444
  - West Jordan City 801-566-6511
  - West Valley City 801-963-3223
  - After -Hours Crisis Line 801-231-8185
- Rape Recovery Center 801-467-7282
- Sego Lily Center for the Abused Deaf (video call) 855-812-1001
- Utah Coalition Against Sexual Assault (UCASA) 801-746-0404
- Rape/Sexual Assault Crisis Line 888-421-1100

**Senior Citizens**
- AARP 866-448-3616
- Neighbors Helping Neighbors 801-585-9505
- Salt Lake County Aging and Adult Services 385-468-3200

**Sexually Transmitted Diseases/AIDS Info**
- Bureau of Epidemiology 801-538-6191
- People with AIDS Coalition of Utah 801-484-2205
- Planned Parenthood Association of Utah (Administration) 801-532-1586
- Salt Lake City Health Center 801-322-5571
- South Jordan Health Clinic 801-254-2052
- West Valley City Health Center 801-973-9675
- Primary Care Alliance – Ryan White Part C Program 801-585-2031
- Salt Lake County Health Dept - STD/HIV/AIDS Education 385-488-4225
- Utah AIDS Foundation 801-467-2323

**Substance Abuse**
For information on inpatient and outpatient substance abuse treatment programs, please call 211.

- AA (Alcoholics Anonymous) of Salt Lake City Central Office 801-484-7871
- Al-Anon Family Groups 801-262-9587
- Assessment and Referral Services (University of Utah) 801-587-2770
- Narcotics Anonymous 877-479-6262
- Nicotine Anonymous 877-879-5422
- Tobacco Way to Quit Line 800-784-8669

**Support Groups**
Call for details on various groups 211

**Volunteers**
211 Volunteer Center 211

**Welfare and Financial Services**
- Department of Workforce Services (DWS) Eligibility Services 866-435-7414
- Utah State Office of Recovery Services (ORS) 801-536-8500
- Social Security Administration (SSA) (National) 800-772-1213
- Salt Lake Office 866-851-5275
- South Jordan Office 866-690-1947
- Unemployment Insurance Center 888-848-0688
- VITA (Volunteer Income Tax Assistance, Jan-Apr 15) 211

Last Update: November 2021

Please visit 211utah.org for the most current resource lists.

Utah 211 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.