**CRISIS/INFORMATION LINES**

<table>
<thead>
<tr>
<th>Service</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>National Suicide Prevention Lifeline</td>
<td>800-273-TALK (8255)</td>
</tr>
<tr>
<td>Child Abuse/Neglect Hotline (Reporting)</td>
<td>855-323-3237</td>
</tr>
<tr>
<td>Domestic Violence Information Line</td>
<td>800-897-LINK(5465)</td>
</tr>
<tr>
<td>National Runaway Safeline</td>
<td>800-RUN-AWAY</td>
</tr>
<tr>
<td>Crisis intervention, message delivery service, and bus transportation home for runaway youth through age 21.</td>
<td></td>
</tr>
<tr>
<td>Poison Control</td>
<td>800-222-1222</td>
</tr>
<tr>
<td>Rape Recovery Center</td>
<td>801-467-7282</td>
</tr>
<tr>
<td>Utah Human Trafficking Tip Line (Utah State Office of the Attorney General)</td>
<td>801-366-0260</td>
</tr>
</tbody>
</table>

**PREPARED MEALS**

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours and Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Eagle Ranch</td>
<td>801-254-4945, Su 7 – 11 am</td>
</tr>
<tr>
<td>Good Samaritan Program (St. Vincent de Paul Dining Hall)</td>
<td>437 West 200 South, SLC 84101, Phone: 801-328-5633, Hours: Sack Lunches 9 am – 8 pm daily</td>
</tr>
<tr>
<td>St. Vincent de Paul Center (Bishop Weigand Homeless Center)</td>
<td>437 West 200 South, Phone: 801-363-7710, Hours: Lunch: M – F 11:30 am – 12:30 pm; Dinner: 5 pm – 6 pm daily, Brunch: Sa 10 am – 11 am</td>
</tr>
</tbody>
</table>

**GROCERIES/EMERGENCY FOOD**

For nearby food pantries, see Food Resource List or call 2-1-1

**MEDICAL**

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours and Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fourth Street Clinic (Only serves the homeless community)</td>
<td>409 West 400 South, Phone: 801-364-0058, by appointment only, Hours: M - Th 8 am – 6 pm; F 8 am – 4 pm</td>
</tr>
</tbody>
</table>

For a referral to additional medical clinics, call 2-1-1

**DENTAL**

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours and Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Salt Lake Donated Dental Services Clinic</td>
<td>1383 South 900 West Ste 128, Phone: 801-972-2747, Hours: M – W 9 am – 5 pm; Th 9 am – 12:30 pm; F 9 am – 4 pm</td>
</tr>
</tbody>
</table>

For a referral to additional dental clinics, call 2-1-1

**COUNSELING SERVICES**

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours and Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Valley Behavioral Health</td>
<td>Intake Line: 888-949-4864</td>
</tr>
</tbody>
</table>

For a referral to additional mental health clinics, call 2-1-1

**WELFARE/FINANCIAL ASSISTANCE**

<table>
<thead>
<tr>
<th>Location</th>
<th>Hours and Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>Utah Department of Workforce Services</td>
<td>SNAP, financial assistance, child care, medical coverage, etc.</td>
</tr>
<tr>
<td>Central Eligibility</td>
<td>866-435-7414 x3</td>
</tr>
</tbody>
</table>
EMPLOYMENT ASSISTANCE
Metro Employment Center (Dept. Workforce Services)
720 South 200 East
Phone: 801-526-0950

CRISIS NURSERY/DAY CARE
Children’s Service Society of Utah
Assistance in selecting a daycare provider in local area
Phone: 800-839-7444

Sugar House Crisis Nursery & Counseling Office
Sugarhouse: 2020 South Lake Street (740 East)
Phone: 801-487-7778
Midvale: 777 West Center Street (7720 South)
Phone: 801-255-6881

CLOTHING
Rescue Mission of Salt Lake (men)
463 South 400 West
Phone: 801-355-1302
Hours: M, W, F 9:30 am – 11:30 am

Rescue Mission Women’s Center (Rescue Haven)
1165 South State Street
Phone: 801-521-5925
Hours: Daily 9 am – 5 pm

St. Vincent de Paul Center (men, women)
437 West 200 South
Phone: 801-363-7710
Hours: Tu, F 8 am - 10:15 am

OPTICAL
Fourth Street Clinic
409 West 400 South
Phone: 801-364-0058 (call for schedule)
Eye exam and glasses: Sliding scale fee (Must be paid up front)

SUBSTANCE ABUSE TREATMENT
AA Meetings (24 hour number) 801-484-7871
First Step House, 411 North Grant Street 801-359-8862
Fourth Street Clinic (Referrals only) 801-364-0058
VOA Alcohol/Drug Detox Center
252 West Brooklyn Avenue (1025 South) 801-363-9400

VETERANS ASSISTANCE
VA Homeless Outreach Program
Phone: 801-582-1565 x 6315

OTHER SERVICES
Adult Education/GED
Horizonte 801-578-8574

Haircuts
Bishop Weigand Homeless Day Center 801-363-7710
Homeless Youth Resource Center 801-364-0744

Mail
Downtown Post Office 230 West 200 South 801-532-5501

Showers
Bishop Weigand Homeless Day Center 801-363-7710
M - F, 7am – 10:20 am

Temporary Storage
Bishop Weigand Homeless Day Center 801-363-7710
(14 day storage for small items only)
Transitional Storage Program (A Place for Your Stuff) 801-535-6402

Utah ID, Birth Certificates
The Road Home 801-359-4142

Last update: July 2021
Please visit 211utah.org for the most current resource lists.

Utah 211 is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.