

Six County Resource Guide



United Way 2-1-1 is a free and confidential number that individuals and families can call or text to find local community resources, programs and services based on their needs.

Abuse, Neglect & Sexual Assault

Adult Protective Services helps prevent or stop abuse, neglect and exploitation of vulnerable adults; 1-800-371-7897.

Child Abuse and Neglect Reporting Line; 1-855-323-3237

Child and Family Services investigates child abuse and neglect cases and offers family and youth services.

Nephi (Juab County); 435-623-7207
Delta (Millard County); 435-864-3869
Manti (Sanpete County); 435-835-0780
Richfield (Sevier/Piute/Wayne Counties); 435-896-1250

Center for Women and Children in Crisis is a resource for victims of abuse and domestic violence; Nephi: and Ephraim 435-851-3633.

New Horizons Crisis Center provides shelter and advocates for victims of domestic abuse and violence.

Bicknell: 435-201-0493
Ephraim: 435-851-3633
Fillmore: 435-406-4683
Richfield: 435-896-9294

Utah Court Appointed Special Advocates for Children provides advocates for abused, neglected, and/or abandoned children within the legal system; 435-531-6631.

Children's Justice Center Provides a safe environment for children while being interviewed regarding alleged abuse.

Sanpete County; 435-283-3120
Sevier County; 435-893-0488

Counseling & Mental Health

Central Utah Counseling Center helps individuals who experience life-disrupting problems due to mental illness and substance abuse.

Delta (West Millard County); 435-864-3073
Ephraim (Sanpete County); 435-283-4065
Fillmore (East Millard County); 435-743-5121
Junction (Piute County); 435-577-2055
Loa (Wayne County); 435-836-2209
Nephi (Juab County); 435-623-1456
Richfield (Sevier County); 435-896-8236

Crisis Intervention

Domestic Violence Information Line provides a 24-hour information and referral on domestic violence issues; 1-800-897-5465.

National Suicide Prevention Hotline; 1-800-273-TALK (8255)

Central Utah Counseling Center provides an after-hours emergency mental health service line for callers in crisis; 1-877-469-2822.

Rape Crisis Line; 1-800-656-4673

Employment Services

Department of Workforce Services provide employment help, and job training ; 866-435-7414 call 2-1-1 to find a local office.

Utah State Rehabilitation Services provides vocational rehabilitation and employment services for individuals with a disability.

Ephraim; 435-283-6501
Delta; 435-864-2509
Richfield; 435-896-1470

Food Assistance

Central Utah Food Sharing provides emergency food assistance for needy persons without other resources.

Nephi (Juab County); 4435-610-0757
Delta (Millard County); 435-864-2089
Fillmore (Millard County); 435-864-2089
Richfield (Sevier County); 435-896-5225
Junction (Piute County); 435-896-5225
Bicknell (Wayne County); 435-691-3923
Hanksville (Wayne County); 435-201-3881

Eureka Mobile Food Pantry provides grocery items on the 4th Wednesday of the month. For more information, see www.utahfoodbank.org or call 801-887-1242.

Women, Infants and Children (WIC) offers nutritional counseling and food assistance for families; 1-877-942-5437.

Department of Workforce Services provides food stamps/EBT cards; 866-435-7414 x3.



2-1-1 Utah



211utah.org

Access 2-1-1 Utah on Instagram, online, and apps available for download.

Educational Services for Adults

Utah Adult Education Services provides programs to adults to further education; 801-538-7500.

Healthcare

Children's Health Insurance Program (CHIP) provides children access to healthcare. Call your local DWS office for eligibility; 866-435-7414 x3.

Circleville Clinic in Piute County provides healthcare to persons of all income levels; 435-577-2958.

Fountain Green Medical Clinic in Sanpete County accepts most insurances and offers discounts for complete payments within 30 days; 435-445-3301.

Nephi Medical Clinic in Juab County accepts most insurances and offers discounts for complete payments within 30 days; 435-623-3200.

Medicaid; 1-800-662-9651

Medicare; 1-800-MEDICARE

NeedyMeds is an online information resource that provides assistance to people who are unable to afford their medications; 1-800-503-6897 or visit needymeds.org

FamilyWize provides a prescription drug discount card at no cost; 1-866-810-3784 or visit familywize.org.

Wayne Community Health Center provides general medical care.

Bicknell; 435-425-3744
Hanksville; 435-542-3281

Parenting and Family

Head Start Program increase social competence of pre-kindergarten children in low income families.

Juab County; 435-623-0941
Sevier County; 800-841-2867 x5
Piute County; 435-630-0089

Help Me Grow provides an information and referral line to connect families to resources. They also provide developmental screenings; 2-1-1 or 801-691-5322.

Central Utah Public Health Department - Parents as Teachers provides home visits focused on parent-child interactions and building protective factors within the family; 435-896-5451.

Family Support Center of Southwestern Utah supports parents and guardians with respite care, parenting skills classes, and more; 435-896-4256.

Utah State (USU) Extension Service provides educational materials and parenting skills classes

Juab County; 435-623-3450
Sanpete County; 435-283-3472
Sevier County; 435-893-0470
Piute County; 435-577-2901
Wayne County; 435-836-1312

Sheltering & Housing Services

Six County Association of Governments offers a list of low-cost rental listings in the six county area. Depending on funding, they may be able to help with rent payment and rental deposit assistance; 435-893-0700.

New Horizons Crisis Center in Richfield provides shelter and advocates for victims of domestic abuse.

Richfield; 435-896-9294
Ephraim; 435-851-3633
Fillmore; 435-406-4683
Bicknell; 435-201-0493

Community Housing Services resources for affordable housing throughout the state; 801-328-1050.

Weatherization provides energy conservation programs through Six County Association of Governments; 435-893-0700.

Disability

Ability 1st in Ephraim empowers people with disabilities to live independently through education and provides disability resource information; 435-283-4949.

Learning Disabilities Association of Utah supports individuals with learning disabilities and the people who work with them; 801-553-9156.

Senior Citizen Services

Six County Area Agency on Aging provides in-home services and advocacy for the elderly; 435-893-0700.

Meals on Wheels through the Six County Association of Governments provides lunchtime meals for qualifying seniors; 435-893-0700.

Substance Abuse and Addiction Treatment

Alcoholics Anonymous helps alcoholics and their families overcome alcoholism; 801-484-7871.

MATR Behavioral Health in Mount Pleasant provides outpatient and inpatient substance abuse services; 435-462-2781.

Central Utah Counseling Center provides substance abuse counseling services, county specific contact information is the same as listed under *Counseling & Mental Health*.

Utility Assistance

H.E.A.T. provides winter home heating assistance and year-round energy crisis intervention for eligible low-income households. Contact through the Six County Association of Governments; 435-893-0700.

Legal Services

Utah Legal Services provides statewide representation to low-income individuals in domestic, civil and public issues; 1-800-662-4245.

Financial Assistance

Office of Recovery Services helps collect child support and alimony; 801-536-8500.

Money Management International offers a 24-hour hotline for free individualized financial counseling; 866-531-3442.

VITA provides free tax preparation from Jan-April; visit utahtaxhelp.org.

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For more information and assistance, call 2-1-1 or text your zip code to 898211.