



## Connect to the Help You Need

211 Utah works with nearly **3,000** providers offering **10,000** services so you can get help during a crisis or difficult circumstance.

- Housing
- Food and meals
- Healthcare
- Utility assistance
- Income assistance
- Employment
- Education
- Transportation

## Contact 211 Utah today!

It's free, confidential, and available by:



Dial 211 or  
888.826.9790



[211utah.org](https://211utah.org)



211 Utah App



Text ZIP Code  
to 801.845.2211



[211@uw.org](mailto:211@uw.org)

\*\*Services available in over 200 languages by phone

For more information, visit

**211utah.org**

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