

# Utah County Community Health Resources

*United Way 2-1-1 is a free and confidential number that individuals and families can call to find local community resources, programs and services based on their needs.*



## **BIRTH CONTROL/ TESTING**

**Planned Parenthood** provides a full range of professional, confidential reproductive health care services for the community regardless of age, gender or income. Services include birth control, STD testing, pap tests, pregnancy testing and more; 801-226-5246.

**Utah County Health Department** provides low cost confidential testing, counseling, education and birth control. Treatment for certain STD's are also available; 801-851-7000.

## **CANCER SERVICES**

**American Cancer Society** provides relief to those who suffer from any type of cancer. Also assists in hair prosthetics referrals; 801-493-4700.

**Utah Cancer Control Program** provides breast and cervical cancer screening exams to underserved women; 800-717-1811.

**Utah County Wellness Clinic** provides free skin screenings throughout the year and low-cost and no-cost cancer screenings for women ages 40-64; call 801-851-7038.

**Utah Valley Hospital** offers a support group for women who are currently experiencing cancer, or who are survivors of cancer; 801-357-3767.

## **COMMUNITY CLINICS/ IMMUNIZATIONS**

**Health Clinics of Utah** provides a primary health care facility to all people, including those on Medicare, Medicaid, CHIP, and PCN. Those without health insurance will pay set rate; 801-374-7011.

**Mountainlands Family Health Center** provides primary healthcare services, immunizations, and more. Offers sliding scale fee for those that are uninsured after interview. Also accepts Medicaid and Medicare insurance; 801-429-2000.

**Volunteer Care Clinic** provides free basic health care services for low-income and uninsured residents of Utah County on Tuesdays and Thursdays from 5 pm - 7 pm at 591 South State Street in Provo; 801-812-8094.



2-1-1 Utah



211utah.org

*Access 2-1-1 Utah on Instagram, online, and apps available for download.*

## **DENTAL**

**Community Health Connect** provides dental care to low-income, uninsured Utah County residents through a network of dentists who provide free care in their own offices; 801-818-3015.

**Half Price Dental** provides professional dental services for approximately half the cost of the national average; 801-426-0774.

**Mountainlands Community Health Center** provides comprehensive dental care. Medicaid and most insurances accepted, sliding scale fee based on family size and income may be available after interview; 801-429-2000.

**UVU Dental Hygiene Clinic** offers discount dental cleanings for adults and children. \$25 for adults, \$15 for children; 801-863-7608.

## **NAVIGATOR PROGRAMS**

**Utah Health Policy Project** helps consumers enroll in public and private insurance, and educates consumers on how to make the best use of their benefits; 801-433-2299.

**Mountainlands Family Health Center** has certified application counselors that can help clients understand, apply for, and enroll in health coverage through the Marketplace and Medicaid; 801-429-2000.

## **PRESCRIPTION ASSISTANCE**

**NeedyMeds** is an online information resource of programs that provide assistance to people who are unable to afford their medications and health care costs. They do not provide direct assistance; 800-503-6897 or visit [needymeds.org](http://needymeds.org).

**RXHope** provides low-income US residents with information and free or low cost prescriptions through their health care professionals. Visit [www.rxhope.com](http://www.rxhope.com).

**FamilyWize** provides a free prescription drug discount card; 800-222-2818 or visit [familywize.org](http://familywize.org).

## **SMOKING CESSATION/PREVENTION**

**Way To Quit** provides free counseling, nicotine replacement therapy and educational materials are available to those who want help quitting. Visit their website at [waytoquit.org](http://waytoquit.org).

**Baby Steps** offers a free smoking cessation program for expecting mothers and their partners; 801-851-7000.

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*For more information and assistance, call 2-1-1 or text your zip code to 898211.*