# **Disability-Related Resources**

United Way 2-1-1 is a free and confidential number that individuals and families can call to find local community resources, programs and services based on their needs.



### **ADVOCACY AND AWARENESS**

**Ability 1<sup>st</sup>** provides services including advocacy, independent living skills training, peer support, information and referral services and more; 801-373-5044.

**Division of Services for People with Disabilities** promotes opportunities and provides support for persons with intellectual disabilities to lead self-determined lives; 801-374-7005.

**Special Needs Registry** provides residents with special needs an opportunity to provide information to emergency response agencies so agencies can plan better plan to service them in a disaster or other emergency; visit specialneedsutah.org

**Utah Parent Center** provides information, support and referrals to help parents of special needs children; 800-468-1160.

**Utah Council of the Blind** offers programs that address the challenges faced by Utah's blind and visually impaired; 801-292-1156.

**Learning Disabilities Associations of Utah** supports, informs, and empowers individuals with learning disabilities and the people who work with them; 801-553-9156.

### **EARLY INTERVENTION/THERAPY**

**Utah Autism Academy at Clear Horizons** provides day treatment services for children and young adults with Autism Spectrum Disorders; 801-437-0490

**Provo Early Childhood Intervention** provides assessments, therapy, and classes for families in Provo School district who have a child 0-3 with a disability or delay; 801-852-4525.

**Intermountain Pediatric Rehabilitation** provides physical, occupational, and speech therapies for children 0-21 years old; 801-714-3505.

**Kids on the Move** provides education and therapy for children under age 3 who have delays or disabilities; 801 -221-9930.

**Kids Who Count** provides developmental therapies and interventions for children under age 3 with disabilities or developmental delays in the Nebo School District area; 801-423-3000.

#### **EDUCATION**

**Mountainland Head Start** promotes school readiness and child development program for low-income children or children with disabilities; 801-375-7981.

**ScenicView Academy** empowers adults with learning disabilities to gain skills and access services that will lead to improved independence, productivity and fulfillment; 801-226-2550.









## **EMPLOYMENT**

**Ability 1**<sup>st</sup> offers work incentive counseling, resume writing, job search and placement assistance, and more through their Ticket to Work program; 801-850-5560.

**Utah State Division of Rehabilitation Services** provides services that assist individuals with disabilities to prepare for and obtain employment; 801-806-0950.

#### FAMILY/CAREGIVER SUPPORT

**Kids on the Move** gives families and caregivers a break by providing free respite evenings for their children up to age 12 with special needs.; 801-221-9930.

**Utah Parent Center** is an information center for parents of children with disabilities. They connect families with support groups throughout the state; 801-272-1051.

**CHADD of Utah** provides support group meeting and parent training for families of children with ADHD; 801-216-4918.

**United Angels Foundation** is a parent-to-parent support group and information center for parents with special needs children; 801-900-4125.

#### PEER SUPPORT

**Ability 1st** provides peer support, where a person with a disability provides information, support, and/or serves as a role model for another person with a disability. Also offers peer counseling and monthly support group; 801-373-5044

**BYU-Y-Serve Best Buddies** helps individuals with intellectual disabilities receive improved socialization skills that lead to securing rewarding jobs, living independently, and make life changing friendships; contact the director at bestbuddies@byu.edu or call 801-422-8686.

**Recreation and Habilitation Services** provides educational and life skills classes, social recreational programs, community involvement, respite for families, and structured day services for individuals age 18 and older; 801-374-8074.

## **RESIDENTIAL/SUPPORTED LIVING**

**Eaton Alliance** offers around the clock solutions to people with autism and other developmental disabilities; 801-768-0608.

**Rise Services, Inc.** provides home and community-based support services for children and adults with disabilities; 801-373-1197.

**TURN Community Services** provides people with disabilities quality services to live, work and play within their communities; 801-343-3900.

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