

South Salt Lake

Parent Resource List 2024 - 2025



Please note: this list is limited to basic-needs resources in the South Salt Lake area and is not comprehensive. For additional resources, please dial 211 or visit 211utah.org.

Crisis Services

Suicide and Crisis Lifeline (988)	800-273-8255
Child Abuse/Neglect Reporting	855-323-3237
National Runaway Safeline	800-786-2929
SafeUT (safeut.org)	833-372-3388
Salt Lake County Youth Services	385-468-4500
Sugar House Crisis Nursery	801-487-7778
West Valley Crisis Nursery	801-967-4259

Childcare/After School Programs

Big Brothers Big Sisters	801-313-0303
Boys and Girls Clubs	801-484-0841
Care About Childcare – Metro	801-355-4847

Emergency Shelters

Gail Miller Resource Center	801-328-1894
Pamela Atkinson Resource Center	801-359-4142
Salt Lake County Youth Services	385-468-4500

Food Assistance

Food Pantries

Granger Community Christian 3232 West 4100 South, West Valley City M 5 – 6:30 pm; Sa 10 am – 12 noon	801-440-3889
Harmony Mobile Pantry 3422 South 300 West, South Salt Lake W, F 9 – 10 am	385-529-9119
Mesopotamia Community Pantry 3400 South 1100 East, Millcreek 8:30 – 9:30 am; dates vary, call for details.	385-358-2412
Millcreek Mobile Pantry 3278 South 540 East, Salt Lake City M – Th 8 am – 3 pm	801-588-0139

Food Pantries (Cont.)

Mosaic Inter-Faith Ministries 1553 West Crystal Ave, West Valley City M 3 – 5 pm; Th 11 am – 1 pm	801-718-4795
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Tongan United Methodist 1750 West Research Way, West Valley City M – Th 8 am – 6 pm	801-487-4143
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After-School Meals

Granite Library 3331 South 500 East, South Salt Lake M – Sa 3:30 – 4:30 pm	801-943-4636
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West Valley City Library 2880 West 3650 South, West Valley City M – Sa 3:30 – 4:30 pm	801-943-4636
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Summer Meals for Youth

To Find a Summer Meal Site:

- Visit fns.usda.gov/summer/sitefinder
- Text 'FOOD' or 'COMIDA' for Spanish to 877-877
- Call 866-348-6413

Other Food Resources

SNAP (jobs.utah.gov)	866-435-7414
WIC	801-842-5437

Health Care

Medicaid (jobs.utah.gov)	866-435-7414
Maliheh Free Clinic	801-266-3700
Midtown Community Health Center	801-486-0911

Housing and Utility Assistance

Housing Assistance

Pamela Atkinson Resource Center	801-359-4142
Housing Authority of SLC	801-487-2161
Housing Connect	801-284-4400
Alliance House	801-486-5012

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Utility Assistance

HEAT Program (Gas, Power)	801-359-2444
Lifeline Program (Phone)	800-234-9473
SSL City Government (Water)	801-483-6000

Job Finding Assistance

Department of Workforce Services Metro	801-526-0950
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Mental Health Care and Support

Parent Classes and Support

Intermountain Behavioral Health Navigation - Adult	833-442-2211
Salt Lake County Youth Services	385-468-4500
Sugar House Crisis Nursery & Counseling	801-487-7778
West Valley Crisis Nursery	801-967-4259
USU Extension Services Salt Lake	385-468-4832

Youth Counseling and Support

Intermountain Behavioral Health Navigation - Youth	801-313-7711
PATH Adolescent Day Treatment	801-893-8417
SafeUT (safeut.org)	833-372-3388
Salt Lake County Youth Services	385-468-4500
The Utah House	801-678-3317

Temporary Financial Assistance

Department of Workforce Services Eligibility (jobs.utah.gov)	866-435-7414
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Transportation

Utah Transit Authority (UTA) (rideuta.com)	801-743-3882
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Last update: August 2024

Please visit 211utah.org for the most current resource lists.

211 Utah is the place to call if you need help or want to give help. Callers can be linked to resources available from health and human service programs throughout the state.