

[United Way 2-1-1](#) is a free and confidential number that individuals and families can call or text to find local community resources, programs and services based on their needs.



ABUSE, NEGLECT & SEXUAL ASSAULT

Adult Protective Services helps prevent or stop abuse, neglect and exploitation of vulnerable adults; 1-800-371-7897.

Child Abuse and Neglect Reporting Line; 1-855-323-3237

Child and Family Services investigates child abuse and neglect cases and offers family and youth services.

- Nephi (Juab County); 435-623-7207
- Delta (Millard County); 435-864-3869
- Manti (Sanpete County); 435-835-0780
- Richfield (Sevier/Piute/Wayne Counties); 435-896-1250

Domestic Violence Hotline Provides 24-hour rape crisis team, crisis intervention and counseling, support groups for rape survivors and significant others; 801-377-5500. New Horizons Crisis Center provides shelter and advocates for victims of domestic abuse and violence.

- Bicknell: 435-201-0493
- Ephraim: 435-287-7058
- Fillmore: 435-406-4683
- Richfield: 435-896-9294

Court Appointed Special Advocates for Children

Provides advocates for abused, neglected, and/or abandoned children within the legal system; 801-429-5801.

Children's Justice Center Provides a safe environment for children while being interviewed regarding alleged abuse.

Sanpete County; 435-283-3120

Sevier County; 435-893-0488

COUNSELING & MENTAL HEALTH

Central Utah Counseling Center helps individuals who experience life-disrupting problems due to mental illness and substance abuse.

Delta (West Millard County); 435-864-3073

Ephraim (Sanpete County); 435-283-4065

Fillmore (East Millard County); 435-743-5121

Junction (Piute County); 435-577-2055

Loa (Wayne County); 435-836-2209

Nephi (Juab County); 435-623-1456

Richfield (Sevier County); 435-896-8236

sliding scale fee for those that are uninsured after interview. Also accepts Medicaid and Medicare insurance; 801-429-2000.

Volunteer Care Clinic provides free basic health care services for low income and uninsured residents of Utah County on Tuesdays and Thursdays from 5 pm - 7 pm at 591 South State Street in Provo; 801-691-5381

DENTAL

Community Health Connect provides dental care to low income, uninsured Utah County residents through a network of dentists who provide free care in their own offices; 801-818-3015

Half Price Dental provides professional dental services for approximately half the cost of the national average; 801-426-0774.

Mountainlands Community Health Center provides comprehensive dental care. Medicaid and most insurances accepted, sliding scale fee based on family size and income may be available after interview; 801-429-2000.

UVU Dental Hygiene Clinic offers discount dental cleanings for adults and children. \$25 for adults, \$15 for children; 801-863-7608.

NAVIGATOR PROGRAMS

Utah Health Policy Project helps consumers enroll in public and private insurance, and educates consumers on how to make the best use of their benefits; 801-433-2299.

Mountainlands Family Health Center has certified application counselors that can help clients understand, apply for, and enroll in health coverage through the marketplace and Medicaid; 801-429-2000.



Utah211.org



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ADVOCACY AND AWARENESS

Ability 1st provides services for individuals with disabilities including advocacy, independent living skills training, peer support, information and referral services and more; 801-373-5044.

Division of Services for People with

Disabilities promotes opportunities and provides support for persons with intellectual disabilities to lead self-determined lives. Support includes community living, day services, respite assistance, parental support, chore assistance, and support coordination; 801-374-7005.

Special Needs Registry provides residents with special needs an opportunity to provide information to emergency response agencies so agencies can plan better plan to service them in a disaster or other emergency; visit specialneedsutah.org

Utah Council of the Blind offers programs that address the challenges faced by Utah's blind and visually impaired; 801-520-3766.

EARLY INTERVENTION/THERAPY

Orem Community Hospital Pediatric Rehab provides physical, occupational, and speech therapies for children 0-21 years old; 801-714- 3505.

Kids on the Move provides education and therapy for children under age 3 who have delays or disabilities; 801-221-9930.

Learning Disabilities Associations of Utah supports, informs, and empowers individuals with learning disabilities and the people who work with them; 801-553-9156.

Kids Who Count provides developmental therapies and interventions for children under age 3 with disabilities or developmental delays in the Nebo School District area; 801- 423-3000.

Learning Disabilities Associations of Utah supports, informs, and empowers individuals with learning disabilities and the people who work with them; 801-553-9156.

Kids Who Count provides developmental therapies and interventions for children under age 3 with disabilities or developmental delays in the Nebo School District area; 801- 423-3000.

EDUCATION

Mountainland Head Start promotes school readiness and child development program for low-income children or children with disabilities; 801-375-7981.

ScenicView Academy empowers adults with autism spectrum disorders and learning disabilities to gain skills and access services that will lead to improved independence, productivity and fulfillment; 801-226-2550.



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