

[United Way 2-1-1](#) is a free and confidential number that individuals and families can call or text to find local community resources, programs and services based on their needs.



ADVOCACY AND AWARENESS

Ability 1st provides services for individuals with disabilities including advocacy, independent living skills training, peer support, information and referral services and more; 801-373-5044.

Division of Services for People with Disabilities promotes opportunities and provides support for persons with intellectual disabilities to lead self-determined lives. Support includes community living, day services, respite assistance, parental support, chore assistance, and support coordination; 1-844-275-3773.

Special Needs Registry provides residents with special needs an opportunity to provide information to emergency response agencies so agencies can plan better plan to service them in a disaster or other emergency; visit specialneedsutah.org

Utah Council of the Blind offers programs that address the challenges faced by Utah's blind and visually impaired; 801-245-9264.

EARLY INTERVENTION/THERAPY

Orem Community Hospital Pediatric Rehab provides physical, occupational, and speech therapies for children 0-21 years old; 801-714-3440.

Kids on the Move provides education and therapy for children under age 3 who have delays or disabilities; 801-221-9930.

Learning Disabilities Associations of Utah supports, informs, and empowers individuals with learning disabilities and the people who work with them; 801-553-9156.

Kids Who Count provides developmental therapies and interventions for children under age 3 with disabilities or developmental delays in the Nebo School District area; 801- 423-3000.

EDUCATION

Mountainland Head Start promotes school readiness and child development program for low-income children or children with disabilities; 801-375-7981.

ScenicView Academy empowers adults with autism spectrum disorders and learning disabilities to gain skills and access services that will lead to improved independence, productivity and fulfillment; 801-226-2550.

EMPLOYMENT

Ability 1st offers work incentive counseling, resume writing, job search and placement assistance, and more through their Ticket to Work Program; 801-850-5560.

Utah State Division of Rehabilitation Services provides services that assist individuals with disabilities to prepare for and obtain employment; 866-454-8397.

FAMILY/CAREGIVER SUPPORT

Kids on the Move gives families and caregivers a break by providing free respite evenings for their children up to age 12 with special needs; 801-221-9930.

Utah Parent Center is an information center for parents of children with disabilities. They connect families with support groups throughout the state; 801- 272-1051.

United Angels Foundation is a parent-to- parent support group and information center for parents with special needs children; 801-900-4125.



Utah211.org



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PEER SUPPORT

Ability 1st provides peer support, where a person with a disability provides information, support, and/or serves as a role model for another person with a disability. Also offers peer counseling and monthly support group; 801-373-5044.

Recreation and Habilitation Services provides educational and life skills classes, social recreational programs, community involvement, respite for families, and structured day services for individuals age 18 and older; 801-374-8074.

Turn Community Services provides people with disabilities to live, work and play within their communities; 801-343-3900.

RESIDENTIAL/SUPPORTED LIVING

Eaton Alliance offers around the clock solutions to people with autism and other developmental disabilities; 801-924-1201.

Rise Services, Inc. provides home and community-based support services for children and adults with developmental and other disabilities; 801-373-1197.



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